

# Gymnasium Activities Schedule

EFFECTIVE:  
MAY 1, 2008



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>4:30–9:00 AM</b> Open Gym</p>	<p><b>4:30–9:00 AM</b> Full Court Basketball</p>	<p><b>4:30–9:00 AM</b> Open Gym</p>	<p><b>4:30–9:00 AM</b> Full Court Basketball</p>	<p><b>4:30–9:00 AM</b> Open Gym</p>	<p><b>6:15–2:00 PM</b> Open Gym</p>
<p><b>9:30–10:30 AM</b> Kid's Court (Half Court) Ages 3 1/2 –11</p>	<p><b>9:30–10:30 AM</b> Kid's Court (Half Court) Ages 3 1/2 –11</p>	<p><b>9:30–10:30 AM</b> Kid's Court (Half Court) Ages 3 1/2 –11</p>	<p><b>9:30–10:30 AM</b> Kid's Court (Half Court) Ages 3 1/2 –11</p>	<p><b>9:30–10:30 AM</b> Kid's Court (Half Court) Ages 3 1/2 –11</p>	<p><b>4:00–8:00 PM</b> Open Gym</p>
<p><b>10:30–11:00 AM</b> Open Gym</p>	<p><b>10:30–11:00 AM</b> Open Gym</p>	<p><b>10:30–11:00 AM</b> Open Gym</p>	<p><b>10:30–11:00 AM</b> Open Gym</p>	<p><b>10:30–11:00 AM</b> Open Gym</p>	
<p><b>11:00–1:00 PM</b> Executive Hoop</p>	<p><b>11:00–1:00 PM</b> Executive Hoop</p>	<p><b>11:00–1:00 PM</b> Executive Hoop</p>	<p><b>11:00–1:00 PM</b> Executive Hoop</p>	<p><b>11:00–1:00 PM</b> Executive Hoop</p>	
<p><b>1:00–11:00 PM</b> Open Gym</p>	<p><b>1:00–11:00 PM</b> Open Gym</p>	<p><b>1:00–11:00 PM</b> Open Gym</p>	<p><b>11:00–1:00 PM</b> Executive Hoop</p>	<p><b>1:00–11:00 PM</b> Open Gym</p>	
	<p><b>4:00–5:00 PM</b> Kid's Court (Half Court) Ages 3 1/2 –11</p>	<p><b>4:00–5:00 PM</b> Kid's Court (Half Court) Ages 3 1/2 –11</p>	<p><b>4:00–5:00 PM</b> Kid's Court (Half Court) Ages 3 1/2 –11</p>	<p><b>3:30–4:30 PM</b> Jungle Gym(Half Court)Ages 4+</p>	
	<p><b>6:30–9:30 PM</b> Full Volleyball</p>	<p><b>6:30–9:30 PM</b> Full Volleyball</p>		<p><b>5:00–11:00 PM</b> Open Court</p>	<p><b>8:00–8:00 PM</b> Open Gym</p>
		<p><b>9:30–11:00 PM</b> Open Gym</p>		<p><b>6:00–9:00 PM</b> Basketball League June through August</p>	
					<b>SUNDAY</b>

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## Gymnasium Activities

### Executive Hoop

Designed for the adults who enjoy shooting hoops or playing pick-up games during their lunch hour (18 yrs and over only).

### Full Court

Full-court basketball game time, come join in.

### Half Court

Net is set up for members to organize their own games.

### Jungle Gym

Supervised free-play in the gym for youth. Class may include hula hoops, jump ropes, basketball, soccer, and a variety of playground games.

### Kids Court

A non-competitive game format providing a cardio workout and fun, of course! The child's age and activity level will determine which class time to attend. Ages may be combined into one class if not enough participants are present.

### KIDS: PLAY

(Kids Integrated Development of Skills: Parental Leadership and Advocacy for Youth)

A program for children with developmental and physical disabilities to improve motor skills improve self esteem and create new learning experiences.

### Organized League Play

TBA! Check back for more information.

### \*Sport Training

Specific sport training in a group setting. See the front desk for details (Fee Class).

### Chico Sports Club

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[www.ChicoSportsClub.com](http://www.ChicoSportsClub.com)